



THE ORCHARDS NURSING HOME

TOGETHER WE CARE





Amica
Care

Welcome to The Orchards

The Orchards, part of Amica Care, a not-for-profit charitable organisation, offers high-quality nursing and dementia care in a warm and welcoming environment.

Led by our very experienced Home Manager, our specialist nursing and care teams work together to ensure that our residents lead a better quality of life by receiving outstanding levels of care, stimulation and social interaction that improves both their health and overall wellbeing.



Why Choose The Orchards

The Orchards has an enviable location, just minutes away from shops, churches, swimming pool, gym and library. We strive in providing a convivial atmosphere to our residents. Our home has separate lounges where our residents can relax, meet friends and family, enjoy a chat with our other residents or simply watch a favourite television programme.

In our dining room, we have restaurant-style dining offering nutritious home-cooked food prepared by our trained chefs who are happy to cater for individual tastes. At The Orchards, we have a clear understanding of the importance of preparing residents' favourite foods to encourage healthy appetites. This helps to ensure our residents eat and drink enough to ensure a healthy diet in a social and convivial atmosphere.

Our hairdressing room is popular for holistic one to ones such as pampering hand massages and nail treatments as well as elegant hairdo's and hair trims, all of which can help to nurture the spirit of our residents.

All of our bedrooms are en-suite ensuring privacy and convenience for our residents and their visitors.

Our large enclosed gardens are landscaped and very private and safe for our residents to enjoy. Attractive to birds and wildlife, we have raised beds and a sensory garden to ensure that our residents are stimulated outside the home as well as inside.

Care and the Types We Provide



Residential Care

Our home provides compassionate, dignified care in a home-from-home environment. At the heart of our service is a genuine commitment to enhancing the lives of our residents and creating a homely environment in which they feel safe and cared for.

Nursing Care

We pride ourselves on delivering the best nursing care and support. Our qualified and experienced nursing team is there to make sure that our residents receive the nursing care they need, 24 hours a day, every day of the year. Each care plan is highly personalised and reflects each individual's holistic needs.

Dementia Care

We work with dementia care experts, concentrating on creating purposeful and meaningful activities to keep life interesting and fun. Our care is as individual as each of our residents and they set the routines with support from our caring team.

End of Life Care

Our end of life care is focused on respecting and carrying out the personal wishes of each resident. We work closely with families and specialist healthcare professionals to ensure that comfort, choice and dignity are at the forefront of all care decisions.

Respite Care

Caring for an elderly or disabled family member can be extremely rewarding – yet at times, both physically and emotionally challenging. Our respite care service is ideal for those needing a short break either to recharge their batteries or to make necessary adaptations at home.

Day Care

If a brief change of scenery is required then our friendly day care service is a great solution for both you and your loved one. As a carer, daily errands may be easier to complete with a day of respite as well as any necessary adaptations to the home.

Person Centred Care

Whatever type of care is needed, the level of service will be exceptional and tailored to personal requirements. Some of our residents require help from day to day, while others appreciate extra assistance or even specialist 24-hour nursing care.

Everything we do is specific to the individual needs of each person. We ensure that we know as much as possible about our residents' lives including hobbies and interests, what they like as well as what they don't. Along with their medical history and personal requirements, this valuable information makes up their own personalised and detailed care plan. This means that every member of our team comes to know the person as an individual, and we can then plan their care, exactly to their needs. Naturally, we also constantly review and revisit every care plan to make sure we make it right every time. This means that you can be assured that your loved one is receiving the highest quality of care when they need it.





Activities and Lifestyle Support

Keeping busy stimulates the brains of people living in a care home whilst boosting a sense of usefulness and accomplishment. For this reason, we develop stimulating activities both inside and outside the home. Some of these take the form of away-days and trips into the community, allowing residents to visit local sites and to take in the beautiful Somerset countryside. We enjoy close links within Crewkerne including local schools and the Henhayes Community Centre which offers additional activities for our residents to enjoy.

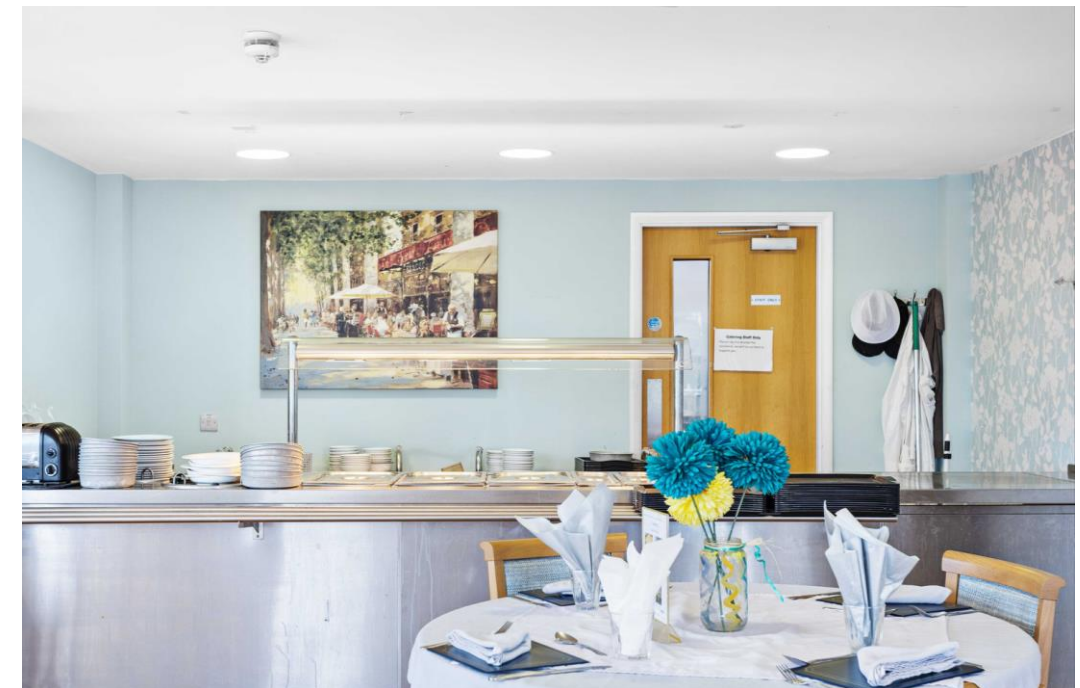
The Orchards is very well known in the area, helping to create and retain a real spirit of community. We delight in art and crafts, quizzes, music therapy and exercise to improve mobility, social interaction and mental stimulation. We have found that exercise is key to staying strong which in turn helps to prevent falls, whilst having fun. It is, of course, all down to individual preferences and some of our residents prefer smaller activities on a one to one basis with our dedicated Activities team and the carers.

Elegant Dining

Our chefs use fresh, seasonal ingredients sourced from local producers to create nutritious, tasty dishes for our residents to enjoy.

Residents can choose from a delicious and varied gourmet menu to enjoy in our bright and airy dining spaces. Residents are encouraged to eat the meals they love, and to experience new taste sensations from our creative kitchen team. On our menus, you'll find a mixture of traditional favourites, seasonal specials and international cuisines. Every week you'll find different options that have been introduced by the experts in our catering team, or specially requested by residents.

We also create a bespoke nutritional profile and meal planning for each resident, as part of the care package. If you're a relative who would like to keep track of your loved one's meals, you would be welcome to have access to our electronic care plans, which are updated in real-time.





RUTH O'DEA
Home Manager

The Home Manager and Team

At the heart of it all is our quality team of nurses and carers that make the difference. Recruitment and training are key to creating a successful team.

We recruit, employ and retain the best and irrespective of their time in care, they all complete our mandatory training programme based on best practice techniques. This gives our team confidence to improve which in turn gives confidence to our residents, and their families, that they are being cared for by the best.

As Home Manager, Ruth O'Dea has more than 20 years of experience in elderly care. Ruth is a qualified Registered Mental Nurse and holds a Level 4 NVQ in Care Home Management. Ruth has a passion for collaborative working and inclusion, encouraging others to see beyond a person's diagnosis. Since qualifying as a nurse, Ruth has undertaken many courses, including a dementia championship certificate completed in conjunction with the University of Bradford. Ruth also presented at the National UK Dementia Congress with regards to community involvement. She has been a member of a National Guideline Committee responsible for shaping care for those with dementia in the UK.

Guidance and Support Throughout

From choosing care that is right for you and your loved one, right through to moving into a care home, our expert team is there to help and support you. We fully understand that moving a loved one into care is a huge decision to make, which is why we are here to help you with any concerns you may be feeling at this time, enabling you to concentrate on making the right decision for everyone involved. If you are unable to visit the home, our team will offer a virtual tour, take photos of the home and take them along when they visit to carry out an assessment of care needs prior to move-in day.

Our Maintenance Team will help you to personalise the room with treasured possessions ensuring that your loved one feels comfortable in familiar surroundings.

We value our relationship with our resident's families and provide support every step of the way, including monthly newsletters and regular family meetings. This brings families together for support and to share experiences, which gives reassurance for all, just when you need it.



Get in Touch

Contact us for more information or to arrange a visit:

The Orchards Nursing Home

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The Orchards

