



ST JOHNS COURT NEWSLETTER. APRIL 2019 EDITION

Announcements

We have our SPRING FAYRE on Saturday 13th April and we desperately need donations of Bric a Brac, chocolates, crafts, bottles etc to go on stalls . All our fayre's are raising funds for the ladies and gents living at St Johns Court so any donation's big or small are greatly appreciated!

ST JOHNS COURT CHOIR!

We have our first choir practice! Please come along on Wednesday 10th April 6:30pm-7:30pm. Everyone is welcome so please come along and join in the fun.

**EVENTS TAKING PLACE
IN APRIL!**

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- Monday 1ST April: April Fool's Day
- Thursday 4th April: Pub Grub Lunch
- Saturday 6th April: Grand National

- Wednesday 10th April: Mini Bus Trip

- Wednesday 10th April @ 6:30pm- 7:30pm Our very first St Johns Choir Practice!!!
All welcome!

- Thursday 11th April Residents and relatives meeting @ 11am & 6pm
 - Thursday 11th April Spanish Themed Day
 - Saturday 13th April Our Spring Fayre 1-4pm

- Thursday 18th April: Cuppa and Cake meeting with Cook at 3pm
 - Friday 19th April: Good Friday- Hot Cross Buns
 - Sunday 21st April: Easter Sunday.

- Monday 22nd April: Easter Monday- Easter Bonnet Parade.

LOOKING BACK ON MARCH 2019

Bowling trips are proving to be popular and are being enjoyed by residents, a bit of healthy active competition trying to get those strikes!



Some of our In House activities included a film morning, baking session and a Moroccan themed day.





A Trip to the Safari Park!

There were plenty of smiles and lots of animals!



UPCOMING BIRTHDAYS

We want to say a big Happy Birthday to those residents who will be celebrating their special day in April

Geoff 4th, Andrew 27th, Olive 28th

Also a big happy birthday to members of the team who will be celebrating

Emily 20th, Heather 15th, Amy 16th, Beth 10th Wayne 27th



THINGS TO LOOK OUT FOR AT ST JOHNS COURT

- We are working towards a whole home approach which involves having protected meal times. This means that the staff put all their focus on residents enjoying lunchtime between 12:45 and 13:45hrs.It

is important for residents to have enjoyment of their food but also those needing that extra bit of support are given that extra time and attention. Overall, we are aiming for everyone to have increased appetite and enjoyment of his or her meals. Family members who are visiting are more than welcome to be involved supporting their loved one. We will be planning in training sessions on nutrition, supporting with meals and dysphagia, which if anyone wanted to attend please speak to Faye or Claire.

- Ben has been working on an exciting piece; it is a magazine named Timeless and includes exclusive interviews with residents who were happy to share their memories. It will also share relative articles and images from memory lane. This is going to be an excellent read so be sure to look out for it. We are just in the process of getting copies printed.



CELEBRATION!

In March, we celebrated Doreen and her commitment to the trust. Doreen is our most mature member of the team (and in the trust) and continues to work at St Johns bringing joy and company to the residents. Thank You Doreen.



Jason is our Facilities Manager for Amica Care Trust and he is running the London Marathon on 28th April. He is fundraising for Dementia Revolution and needs all the support and help we can give him to raise money for this worthy cause. There is a sponsor form in reception, if you are able to sponsor Jason please do, every little helps.



Residents and Relatives Meeting

Everyone is welcome to attend these meetings.

The minutes from the last meeting are on the notice board if you would like to have a look.

(These dates may be subject to change)

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- Thursday 11th April at 11am & 6pm
 - Thursday 13th June at 11am & 6pm
 - Thursday 15th August at 11am & 6pm
 - Wednesday 16th October at 11am & 6pm
 - Wednesday 11th December at 11am & 6pm
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Cuppa & Cake Meetings at 3pm

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- Thursday 18th April at 3pm
 - Thursday 20th June at 3pm
 - Thursday 22nd August at 3pm
 - Thursday 24th October at 3pm
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Themed Coffee Mornings starting at 11am in the dining room.

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- Thursday 28th February – 11.00-12.00noon – Gold Standards Framework
 - Thursday 28th March – 11.00-12.00noon – Oral Health
 - Thursday 25th April – 11-12noon – Celebration of our volunteers
 - Thursday 30th May – 11.00-12.00noon – Chronic conditions & pain
 - Thursday 27th June – 11.00-12.00 noon-Men's Health
 - Thursday 25th July – 11.00-12.00noon– Medication
 - Thursday 29th August – 11.00-12.00 noon- exercise & hydration
 - Thursday 26th September – 11.00-12.00noon – Influenza & Vaccination
 - Thursday 31st October – 11.00-12.00 noon- Mental Health
 - Thursday 28th November – 11.00-12.00noon - Diabetes
 - Friday 30th December – Remembrance Service – 2pm – 4pm
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Employee of the Month:

I would like to thank all of the team at St John's Court as you all work really hard to make it a lovely home for the residents & a happy place to work.

You all deserve to be nominated for Employee of the month for making such a difference to all the ladies and gentlemen who live with us here at St John's Court - but.....

The winner of Employee of the Month for November is:

Michelle Du Roe

Well Done & thank you for making a difference.

Reasons for nominations:

- Always willing to help out
- Works well under pressure and will go out of her way to help





WE NEED YOUR HELP!

Our Spring Fayre is on Saturday 13th April 1-4pm and we desperately need donations of Bric a Brac, chocolates, crafts, bottles etc to go on stalls . All our fayre's are fundraising monies for residents living at St Johns Court so any Donations at all are greatly appreciated.

Our vintage Summer Fate is going to be held on the day of Bromsgrove carnival so we are just waiting on the date to be confirmed.

WE NEED YOUR REVIEWS

Calling all resident's families! If you like what we do , we would really appreciate a review. www.carehomes.co.uk is a website that has really useful information for those who are looking for a care home for loved ones so they can read real comments and reviews. Although we have our outstanding rating's we have very few reviews on carehomes.co.uk so please take the time if you can to leave your feedback.

Fundraising:

If anyone would like to take part or has any ideas for how we can fundraise for the residents funds please let me, Claire or the activities team know.

We hope that you have enjoyed our Monthly Newsletter.

If you have any news, facts or poems to go into our News Letter then please let Faye, Mel, Claire or Heather know.