



# ST JOHN'S COURT NURSING HOME

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TOGETHER WE CARE





**Amica**  
Care

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# Welcome to St John's Court

St John's Court, part of Amica Care, a not-for-profit charitable organisation, offers high-quality nursing and dementia care in a warm and welcoming environment.

Led by our very experienced Home Manager, our specialist nursing and care teams work together to ensure that our residents lead a better quality of life by receiving outstanding levels of care, stimulation and social interaction that improves both their health and overall wellbeing.



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## Why Choose St John's Court

Welcome to St John's Court, a distinguished Victorian Grade II listed building with a captivating view of Bromsgrove. Steeped in history, this architectural gem was once the vicarage to the nearby St John's Church. Well positioned near the High Street, supermarkets, cafés, and the local park, St John's Court provides an ideal setting for comfortable and convenient living.

With two large and comfortable lounges and a beautiful conservatory, our residents can engage in our vibrant award-winning activity program, relax, meet family and friends, or simply enjoy a favorite television program. In our dining room, we provide restaurant-style dining with nutritious home-cooked meals crafted by our skilled chefs, catering to individual tastes. Understanding the importance of residents' favorite foods to encourage healthy appetites, we create a social and convivial atmosphere to ensure a well-rounded diet.

Our bedrooms feature en-suite facilities, ensuring privacy and convenience for residents and their visitors. Residents can also indulge in a trim or a whole new hairstyle without having to travel, thanks to our on-site hairdressing facilities. Our enclosed garden, both private and safe, offers a retreat for residents to enjoy. Boasting attractions for birds and wildlife, our sensory garden stimulates residents both inside and outside the home. St John's Court stands out for its commitment to person-centred care, vibrant activity program, and warm community spirit, making it the ideal choice when looking for a home for home.

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# Care and the Types We Provide



## Residential Care

Our home provides compassionate, dignified care in a home-from-home environment. At the heart of our service is a genuine commitment to enhancing the lives of our residents and creating a homely environment in which they feel safe and cared for.

## Nursing Care

We pride ourselves on delivering the best nursing care and support. Our qualified and experienced nursing team is there to make sure that our residents receive the nursing care they need, 24 hours a day, every day of the year. Each care plan is highly personalised and reflects each individual's holistic needs.

## Dementia Care

We work with dementia care experts, concentrating on creating purposeful and meaningful activities to keep life interesting and fun. Our care is as individual as each of our residents and they set the routines with support from our caring team.

## End of Life Care

Our end of life care is focused on respecting and carrying out the personal wishes of each resident. We work closely with families and specialist healthcare professionals to ensure that comfort, choice and dignity are at the forefront of all care decisions.

## Respite Care

Caring for an elderly or disabled family member can be extremely rewarding – yet at times, both physically and emotionally challenging. Our respite care service is ideal for those needing a short break either to recharge their batteries or to make necessary adaptations at home.

## Day Care

If a brief change of scenery is required then our friendly day care service is a great solution for both you and your loved one. As a carer, daily errands may be easier to complete with a day of respite as well as any necessary adaptations to the home.

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# Person Centred Care

Whatever type of care is needed, the level of service will be exceptional and tailored to personal requirements. Some of our residents require help from day to day, while others appreciate extra assistance or even specialist 24-hour nursing care. Notably, our dedicated care team achieved recognition as finalists at the **2023 Great British Care Awards**, attesting to the excellence we uphold in our caregiving practices.

Everything we do is specific to the individual needs of each person. We ensure that we know as much as possible about our residents' lives including hobbies and interests, what they like as well as what they don't. Along with their medical history and personal requirements, this valuable information makes up their own personalised and detailed care plan. This means that every member of our team comes to know the person as an individual, and we can then plan their care, exactly to their needs. Naturally, we also constantly review and revisit every care plan to make sure we make it right every time. This means that you can be assured that your loved one is receiving the highest quality of care when they need it.





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# Activities and Lifestyle Support

At St John's Court, our commitment to an active and engaging lifestyle goes beyond the ordinary. Our Activities Team goes the extra mile, orchestrating grand events that elevate the resident experience. Picture our lounge transformed into a winter wonderland or a 1950's diner, creating immersive environments that captivate and delight. Moreover, we are proud to announce that our Activities Lead, Ben Line, was honored with the prestigious **National Care Awards** in December 2023, a testament to his exceptional dedication and contributions to enriching the lives of our residents.

We develop stimulating activities both in the home and outside. Some of these take the form of away-days and trips into the community, allowing residents to savour some of Bromsgrove's best-loved attractions. We have strong links with the local community and St John's Court is well known within the area. We offer a range of activities including arts and crafts, music therapy, games and exercise to improve mobility, social interaction and mental stimulation. We have found that exercise is key to staying strong which in turn helps to prevent falls, whilst having fun. It is, of course, all down to individual preferences and some of our residents prefer smaller activities on a one to one basis with our dedicated activities team and carers.

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# Elegant Dining

Our chefs use fresh, seasonal ingredients sourced from local producers to create nutritious, tasty dishes for our residents to enjoy.

Residents can choose from a delicious and varied gourmet menu to enjoy in our bright and airy dining spaces. Residents are encouraged to eat the meals they love, and to experience new taste sensations from our creative kitchen team. On our menus, you'll find a mixture of traditional favourites, seasonal specials and international cuisines. Every week you'll find different options that have been introduced by the experts in our catering team, or specially requested by residents.

We also create a bespoke nutritional profile and meal planning for each resident, as part of the care package. If you're a relative who would like to keep track of your loved one's meals, you would be welcome to have access to our electronic care plans, which are updated in real-time.





**LOUISE MARTIN**  
**Home Manager**

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# The Home Manager and Team

At the heart of it all is our quality team of nurses and carers that make the difference. Recruitment and training are key to creating a successful team.

We recruit, employ and retain the best and irrespective of their time in care, they all complete our mandatory training programme based on best practice techniques. This gives our team confidence to improve which in turn gives confidence to our residents, and their families, that they are being cared for by the best.

As Home Manager, Louise Martin has more than 20 years of experience supporting elderly residents in both nursing and residential homes in the Midlands, and adults and children living with disabilities in Cambridgeshire.

She holds an NVQ level 5 qualification in Adult care, and an NVQ level 5 qualification in Management and Leadership.

Louise has undertaken many other courses which have covered subjects such as Dementia care, and Advanced Safeguarding. She is very focused on supporting her residents with well-being care and ensuring they receive quality activities and life opportunities. She particularly enjoys engaging with the local community, to ensure the residents keep all links with their community, so they gain all opportunities available to them.

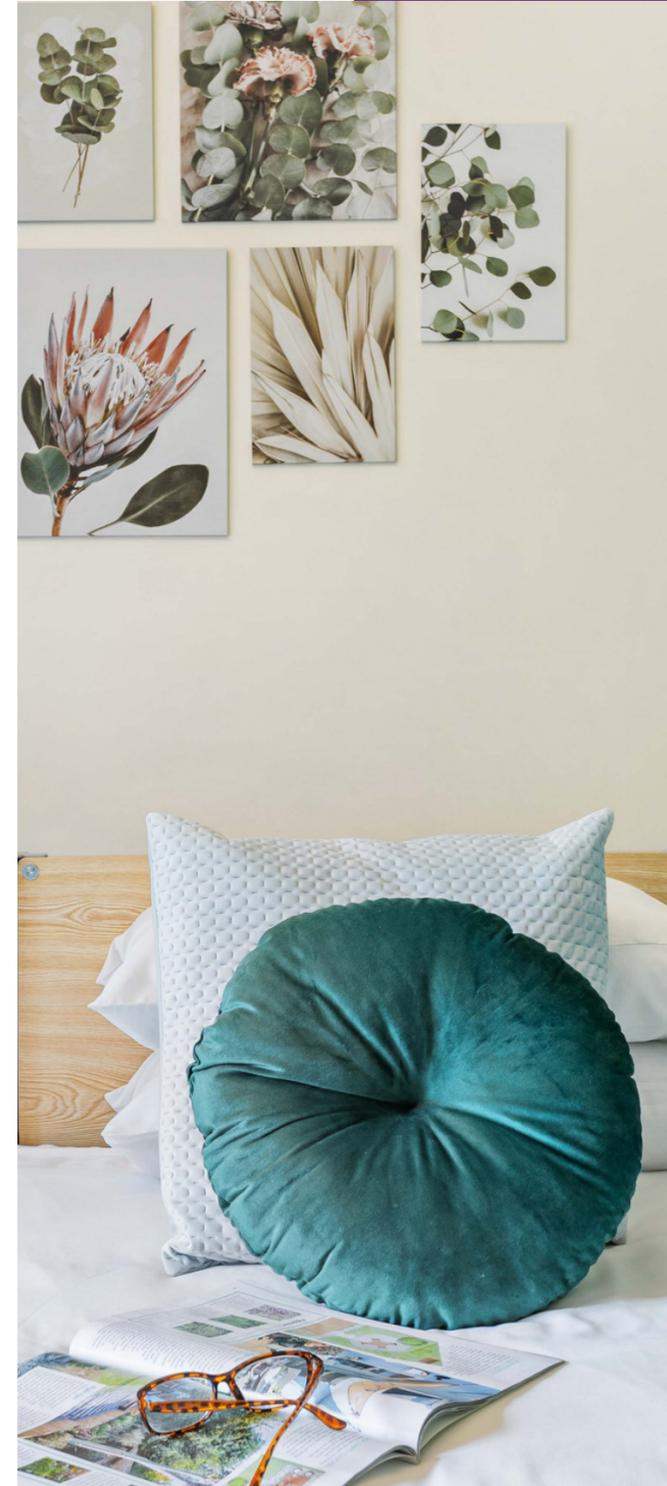
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# Guidance and Support Throughout

From choosing care that is right for you and your loved one, right through to moving into a care home, our expert team is there to help and support you. We fully understand that moving a loved one into care is a huge decision to make, which is why we are here to help you with any concerns you may be feeling at this time, enabling you to concentrate on making the right decision for everyone involved. If you are unable to visit the home, our team will offer a virtual tour, take photos of the home and take them along when they visit to carry out an assessment of care needs prior to move-in day.

Our Maintenance Team will help you to personalise the room with treasured possessions ensuring that your loved one feels comfortable in familiar surroundings.

We value our relationship with our resident's families and provide support every step of the way, including monthly newsletters and regular family meetings. This brings families together for support and to share experiences, which gives reassurance for all, just when you need it.



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# Get in Touch

Contact us for more information or to arrange a visit:

St John's Court Nursing Home

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