



ST JOHNS COURT NEWSLETTER. MAY 2019 EDITION

Announcements

What a busy month April was!

One thing we wanted to celebrate in April was our volunteers. I wanted to say a massive thank you to everyone who visits St Johns voluntarily to offer friendship to those living here. You really do make a big difference. Thank You!



CONTENTS

PG 2. Looking forward to May?

PG 3-5. Looking back at April.

PG 6-7. Birthdays, welcomes & celebrations

PG 8. Dates for your diary

PG 9. Employee of the month.

PG 10. We need your help!

EVENTS TAKING PLACE IN APRIL!

- Monday 6th May: May Day bank holiday
- Wednesday 8th May : Get warming up those vocal chords, it's choir practice
6:30pm- 7:30pm
- Thursday 9th May : It's pub grub day!
- Thursday 16th May: It is our mini bus trip, stay tuned for the destination to be announced.
- Wednesday 22nd May: Mini Bus trip to the Botanical gardens.
- Monday 27th May: It's Spring Bank Holiday
- Wednesday 29th May: Our new monthly walk in the park, everyone is welcome and encouraged to come along. Rain or shine, let us have lunch in the park.
12-2pm
- Friday 31st May: It is Vegas day!! Elvis will be in the building 3-4pm!

LOOKING BACK ON APRIL 2019

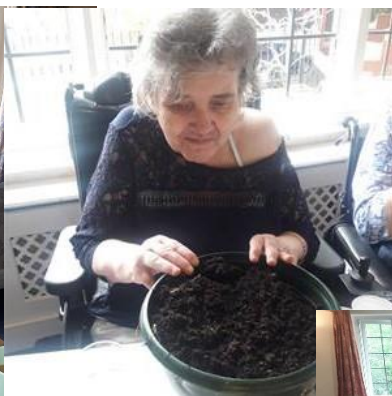
Well what a busy month April was. We have seen all four seasons in one month, celebrated easter, been bowling, enjoyed our first choir practice and continued the fun with plenty of other activities and not forgetting preparing for our garden competition and our Vegas day!



Everyone prepared for Easter weekend including getting the Easter bonnets and Easter tree ready!



We need your help! We are currently preparing our garden competition and Vegas day!



Recently it has been on the news about how music can have such a positive outcome on those living dementia and mental wellbeing. Therefore, along with those living at St John's we thought what a brilliant idea starting our own choir would be! One evening a month, usually the first Wednesday of the month we will be practicing. Everyone is welcome so bring friends and family! The more people, the more noise we can make!



A Warm Welcome ☺

We're pleased to send out our May Edition Newsletter. We would like to give a big warm welcome to all new residents and staff at St John's Court and hope you enjoy living and working here as much as the rest of us. HELLO!

UPCOMING BIRTHDAYS

We want to say a big Happy Birthday to those residents who will be celebrating their special day with us in May

Barbara 12th May, Bob 27th May,

Also a big happy birthday to members of the team who will be celebrating

Wendy, Geta, Karen H, Simone, Gareth & Madalina



THINGS TO LOOK OUT FOR AT ST JOHN'S COURT

- We will be having the new carpet fitted very soon, hopefully during May. We need to look at the logistics of the fitting, to cause as little disruption as possible! We do have an decorating action plan, so if you would like to know more about what the home has planned please ask.
- We will be starting work on our back garden. It needs a good sort out and a bit of colour adding to it. We are also thinking about having chickens! If anyone has any suggestions or comments please let us know.
- We have our Carer's Awards coming up on 12th June, please keep an eye out for nomination forms. We encourage people to vote for those who have had a positive impact whilst living at St Johns.
- We now know that we are due a CQC inspection anytime, we believe CQC will

visit over the next few months and will complete their inspection. CQC like to speak to residents and families. If you would like to know more about CQC and what they do please let me know.

- We also had our local Clinical Commissioning Group visit the home and complete an audit. They were very happy and impressed with the home and the culture of the home, when the report is sent through I will share this with you all.

CELEBRATION!

Well done to Jason, our facilities manager who was running the London Marathon and completed it in 4hrs 35 mins. All money raised is for Dementia Revolution.

Thank You to everyone who supported with our Spring Fayre. The fayre took place on Saturday 13th April and £235.50 was raised

which will go towards the residents welfare fund. Thank You!



Residents and Relatives Meeting

Everyone is welcome to attend these meetings. The minutes from the last meeting are on the notice board if you would like to have a look. (These dates may be subject to change)

-
- Thursday 13th June at 11am & 6pm
 - Thursday 15th August at 11am & 6pm
 - Wednesday 16th October at 11am & 6pm
 - Wednesday 11th December at 11am & 6pm
-

Cuppa & Cake Meetings at 3pm

-
- Thursday 20th June at 3pm
 - Thursday 22nd August at 3pm
 - Thursday 24th October at 3pm
-

Themed Coffee Mornings starting at 11am in the dining room.

-
- Thursday 28th February – 11.00-12.00noon – Gold Standards Framework
 - Thursday 28th March – 11.00-12.00noon – Oral Health
 - Thursday 25th April – 11-12noon – Celebration of our volunteers
 - Thursday 30th May – 11.00-12.00noon – Chronic conditions & pain
 - Thursday 27th June – 11.00-12.00 noon-Men's Health
 - Thursday 25th July – 11.00-12.00noon– Medication
 - Thursday 29th August – 11.00-12.00 noon- exercise & hydration
 - Thursday 26th September – 11.00-12.00noon – Influenza & Vaccination
 - Thursday 31st October – 11.00-12.00 noon- Mental Health
 - Thursday 28th November – 11.00-12.00noon - Diabetes
 - Friday 30th December – Remembrance Service – 2pm – 4pm
-

Employee of the Month:

I would like to thank all of the team at St John's Court as you all work really hard to make it a lovely home for the residents & a happy place to work.

You all deserve to be nominated for Employee of the month for making such a difference to all the ladies and gentlemen who live with us here at St John's Court - but.....

The winner of Employee of the Month for April is:

Simone Ardes

Well Done & thank you for making a difference.

Reasons for nominations:

- Always puts residents needs first & works hard
- Always goes above her job role.



Other nominations this month included:

- Chelsea: because of all the overtime and help that she does for the company and for the rest of the team.
- Jane J: Because she has been very helpful to me as I'm new into my job role.
- Wendy: Hard worker and has answered any questions I've had and helped me constantly throughout my time here.
- Sandra: Always goes above and beyond, polite and gentle, gives quality care and is always there for the residents. Work's hard.

WE NEED YOUR REVIEWS

Calling all resident's families! If you like what we do , we would really appreciate a review. www.carehomes.co.uk is a website that has really useful information for those who are looking for a care home for loved ones so they can read real comments and reviews. Although we have our outstanding rating's we have very few reviews on carehomes.co.uk so please take the time if you can to leave your feedback.

Fundraising: If anyone would like to take part or has any ideas for how we can fundraise for the residents funds please let me, Claire or the activities team know.

Please do check out our new website

www.amicacare.co.uk

We hope that you have enjoyed our Monthly Newsletter.

If you have any news, facts or poems to go into our News Letter then please let Faye, Mel, Claire or Heather know.