

# AMICA CARE TRUST

A Monthly Newsletter for Exmouth House Residents



## Christmas Contest Results

The competition results are in

Christmas decorations winner  
– Exmouth House

Christmas Choir- Signature  
House

Christmas Cake –Ernstell House



January 2024

## STORIES INSIDE THIS ISSUE

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# OUR UPCOMING ACTIVITIES

Our Activities Team has planned a fun-filled month of activities.

Keep an eye on our Facebook page for the latest photos.



[Facebook.com/ExmouthHouseCareHomeExmouth](https://www.facebook.com/ExmouthHouseCareHomeExmouth)



**Exercise Sally:** Sally will be hosting armchair exercise every Thursday afternoon.



**Hairdresser:** Annabel will be at the home every Wednesday



**Church service:** On the first Friday of the month the local Church will be joining us for a service and hymns



**Claire Merriman:** On the 5<sup>th</sup> Claire will be joining us to entertain us with Music

Pancake Day!



**Chinese New Year:** On the 8<sup>th</sup> we will be celebrating the year of the Dragon



**Pancake Day:** On the 13<sup>th</sup> we will be making our own pancakes for Shrove Tuesday



**Creative Mojo:** On the 14<sup>th</sup> we will be joined by Belle who will be helping us making

# WHAT WE HAVE BEEN UP TO

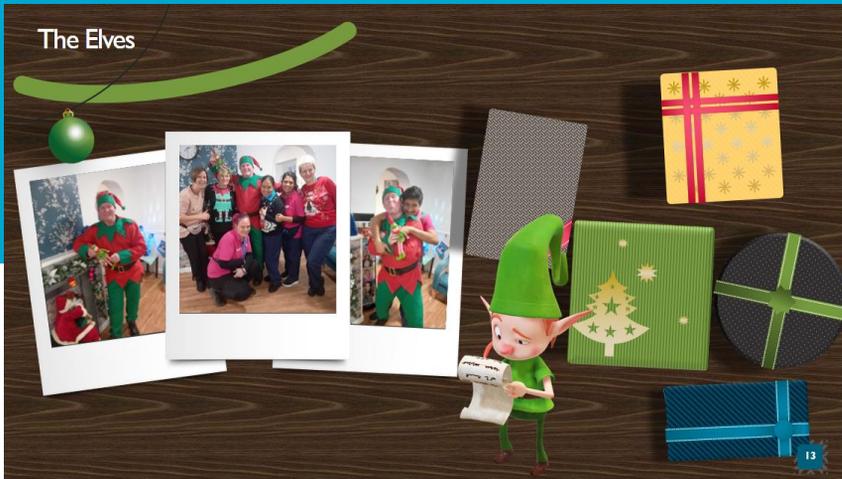
## Exmouth House Christmas photo album



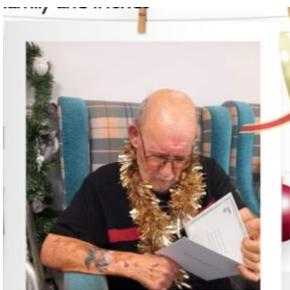
## A Baking Bonanza



## The Elves



## Christmas jumper day



# WHAT WE HAVE BEEN UP TO



Our senior carer  
Jenshy is expecting a  
baby and has now  
gone on maternity  
leave- Best Wishes  
Jen from all of us at  
Exmouth House



# COVID

Exmouth House had cases  
of COVID, we had to  
change some of the plans  
we had in January, we are  
glad to say normal  
activities have now  
resumed.



# WHAT WE HAVE BEEN UP TO

We enjoyed a trip out to for coffee and cake



# Resident and Relatives meeting



We are planning to have a Resident and Relatives meeting on 6<sup>th</sup> March, the meeting will be at 2:30pm if you would like to attend, please let us know



We wished Heather and Paul a happy birthday, there were a parties to celebrate



# Staff member of the month



Congratulations to Charlotte



Charlotte was voted this month's staff member of the month by her colleagues

Well done and thank you for all your hard work.



We would like to welcome Tatenda who will be joining the team as a care assistant



# BIRTHDAYS



## January Birthdays:

6th - Harvey

7th – Kinga

7th – Jojini

9th – Vikroriia

15th – Chelsea

19<sup>th</sup> – Florence

26<sup>th</sup> – Elizabeth

29<sup>th</sup> - Susan



Happy Birthday from everyone at Exmouth house.

